

**JAMES LEE, MD  
GASTROENTEROLOGY**

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**PROCEDURE LOCATION:**  
SJH OUTPATIENT PAVILION  
ENDOSCOPY CENTER 2<sup>ND</sup> FLOOR  
1140 W. LA VETA AVE  
ORANGE 714-744-8709

**PROCEDURE LOCATION:**  
MAIN STREET SURGERY CENTER  
280 S. MAIN ST. # 100  
ORANGE 714-704-1900

**PROCEDURE LOCATION:**  
LAVETA SURGICAL CENTER  
681 S. PARKER ST. # 150  
ORANGE 714-744-0900

**PREPARATION FOR COLONOSCOPY: NULYTELY**

PROCEDURE DATE: \_\_\_\_\_ TIME OF ARRIVAL: \_\_\_\_\_

**YOU NEED TO BUY THE FOLLOWING AT ANY PHARMACY WITH YOUR PRESCRIPTION:**

Nulytely and 1 box of Gas tablets (Gas-X or Mylanta Gas) #4 tablets needed.

**DAY PRIOR TO PROCEDURE:**

Begin a clear liquid diet from the moment you wake up in the morning  
Prepare NuLytely solution according to the directions and refrigerate  
Drink an extra 8oz of clear liquid every hour from 11am to 5pm (Gatorade preferred)  
At 5pm stay home and drink 8 ozs every 10min until ½ of the solution is consumed.  
Place remainder of solution into the refrigerator  
9pm take 2 gas tablets with 8oz clear liquid  
10pm take 2 gas tablets with 8oz clear liquid

**PLEASE NOTE:**

You will have consumed several glassfuls before having your first loose water bowel movement.  
You may feel initially bloated, but will become more comfortable as you continue to have bowel movements. If you feel nauseous, you may slow the rate of ingestion. Continue drinking clear fluids until bedtime/midnight

**DO NOT TAKE ANYTHING BY MOUTH AFTER MIDNIGHT**

Except the morning dose of the prep: Beginning 5 hours before your scheduled procedure time drink the remaining of the NuLytely solution: 8oz every 10 minutes until solution is gone.

**Note: You MUST finish drinking the final glass at least THREE (3) hours, before your scheduled procedure.**

**DO TAKE** your regular medicines like blood pressure medicines and/or heart medicines the morning of procedure with a sip of water.  
All other medications hold until after procedure.

**IMPORTANT NOTES**

You CANNOT drive after the procedure. A friend or relative can stay with you or come back to pick you up. You will be at the facility about 3 hours