

PROCEDURE LOCATION:
SJH OUTPATIENT PAVILION
ENDOSCOPY CENTER 2ND FLOOR
1140 W. LA VETA AVE
ORANGE 714-744-8709

PROCEDURE LOCATION:
MAIN STREET SURGERY CENTER
280 S. MAIN ST. # 100
ORANGE 714-704-1900

PROCEDURE LOCATION:
LAVETA SURGICAL CENTER
681 S. PARKER ST. # 150
ORANGE 714-744-0900

MOVIPREP BOWEL PREPARATION INSTRUCTIONS

Scheduled for: Date: _____ / _____ / _____ Time: _____ a.m./p.m.

One Week prior to procedure: Stop Iron and Vitamins with Iron

Two Days prior to procedure: Avoid nuts, popcorn, raw fruit, raw vegetables and salads.

Note: At least a few days before beginning the following steps, have your prescription for 1MOVIPREP KIT filled at the pharmacy.

*****THE DAY PRIOR TO PROCEDURE START A CLEAR LIQUID DIET FROM THE MOMENT YOU WAKE UP: ACCEPTABLE CLEAR LIQUIDS IS ATTACHED.**

Dose 1

When you wake up, mix the solution and refrigerate.

STEP 1 • Empty 1 Pouch A and 1 Pouch B into the disposable container

- Add lukewarm drinking water to the top line of the container. Mix to dissolve

*If preferred, mix solution ahead of time and refrigerate prior to drinking.
The reconstituted Solution should be used within 24 hours.*

Beginning at _____ 5:00pm _____, Drink 1st Dose.

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8oz), until the full liter is complete

STEP 2 • Drink 16 oz of the clear liquid of your choice

Dose 2

DAY OF PROCEDURE: Repeat Step 1: By mixing the second liter of moviprep solution.

5 HOURS PRIOR TO PROCEDURE: Drink the second liter of newly mixed solution over approximately an hour (8oz every 15 minutes). Drink 16oz of any clear liquid of your choice.

Note: You MUST finish drinking the final glass of water at least THREE (3) hours, before your scheduled procedure

NOTHING TO EAT OR DRINK AFTER MIDNIGHT EXCEPT THE LAST DOSE OF THE PREP

MORNING OF THE PROCEDURE:

You are to only take your blood pressure and heart medications with a sip of water.

****You must have a friend or relative drive you home from you procedure. No Public Transportation or Cabs can be used. The procedure will be cancelled if you fail to bring a driver with you
You will be at the facility for approximately 3 hours**